

30 September 2021

Dear Parent / Carer,

We are writing to you to introduce ourselves; something even more relevant than usual as the covid lockdowns meant we have been unable to meet any of you in person at school events. It is fantastic to report a positive start to the year with our year 8 students showing a pleasing commitment to learning and strong engagement with their studies across the curriculum.

As we all get to know each other better in the year group, we see our students growing in confidence to ask for help or support when needed and increasingly making good choices both during lessons and break times. Year 8 can be a tricky year for some of our young people as they adjust beginning to understand more about themselves and their needs whilst also tackling the beginnings of puberty, hormonal changes and the inevitable 'teenage behaviours' this can bring with it.

As we all seek to recover from the impacts of the covid pandemic and lockdowns we are mindful that not only may children and young people need extra resources or support but also parents and carers, for whom the last 18 months have been, at best, unusual. Below are some links you may wish to have a look at; they provide support ranging from advice to courses to community forums.

NHS link to support managing teenage behaviour: <https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/cope-with-your-teenager/>

Online hub for Surrey Local SEND offer with links under the 'directory' tab:

<https://www.surreylocaloffer.org.uk/kb5/surrey/localoffer/results.action?localofferchannel=4&qt=alking+teens&term=&sorttype=relevance&localofferchannel=0&sr=0&nh=10>

Courses supporting mental health for parents/carers:

<https://lms.recoverycollegeonline.co.uk/enrol/index.php?id=336>

National Autistic Society Surrey branch: <https://nassurreybranch.org/>

Social enterprise supporting ASD: <https://thegirlwiththecurlyhair.co.uk/>


ADHD foundation support for parents/carers: <https://adhdfoundation.org.uk/parents/>

We will meet in person at our 'Meet the Tutor' parents evening on 16th November but in the meantime please don't hesitate to get in touch if needed.

Yours sincerely,



Ms F Dunckley
8D Tutor



Mrs F Ward
8W Tutor