

7<sup>th</sup> September 2022

Dear Parents / Carers,

We are very much looking forward to welcoming our new Year 7 students and our Year 8-11 students back to school after the summer holidays. PE is a really important part of the school curriculum and we encourage all of our students to be as active as possible, and to have fun at the same time. Through PE at The Park, we hope to improve and develop fitness and confidence levels in all of our students, and within a number of different sporting activities.

Please see a few key pieces of information regarding PE this year at The Park.

**PE Staff and PE days.**

Each year group will have PE on specific days this year as follows;

<b>Year group</b>	<b>PE day</b> (PE kit to be worn to school on this day)	<b>PE staff</b>
<b>Year 7</b>	Thursday	Mrs Perry and Mrs Courage
<b>Years 8 and 9</b>	Monday	Mrs Perry, Mr McCarthy, Mrs Courage and Mr Flores
<b>Years 10 and 11</b>	Wednesday	Mrs Perry, Mr McCarthy, Mr Weedon and Mr Flores

**PE kit**

The Park School PE kit is outlined below;

- Navy embroidered school polo shirt from Valentino or a plain navy T-shirt (no logo)
- Navy shorts or navy tracksuit trousers or navy skort for girls
- Navy embroidered school fleece (no hoodies) from Valentino
- Navy raincoat
- Navy Football Socks
- Trainers (no high tops)

This can be purchased from supplier Valentino Schoolwear, Knaphill.

Tel: 01483 475051

Website: [www.valentinoschoolwear.com](http://www.valentinoschoolwear.com)

Students are to arrive in school in their PE kit on their allocated PE day. Please also ensure that they have appropriate layers suitable for the weather, and have sun cream applied on sunny days.

Supportive sports trainers are essential for PE, and in wet or muddy conditions, (a change of socks and shoes would also be useful)

Should you have any difficulty accessing or sourcing PE kit, please speak to me or one of the PE staff in confidence and we will be very happy to help you.

Other key pieces of information;

Students must ensure that they;

- Have a full water bottle on PE days
- Are not wearing any jewellery in PE (they will be asked to remove any jewellery for health and safety reasons)
- Have note in their diary from home if they cannot take part in PE for whatever reason
- Are carrying their asthma pump if they require one
- Speak to a member of staff if they are worried or concerned about anything

We are hoping that we can arrange some sports fixtures against other schools, and some off-site sporting activities over the course of the year for all year groups. We will keep you informed about this.

If you have any queries, please do not hesitate to contact us here at school.

Yours sincerely,

Mrs B Perry

PE Lead