

Email to parents

25th November 2020

Dear Parents and Carers,

A few parents have asked about the government guidance on self-isolation. I've put the paragraph from the Department from Education below.

Your sincerely

Paul Walsh: Headteacher

Self-isolation guidance

Parents are asked to ensure their children remain at home and stay in isolation, but are not required to get their child tested for the virus unless they develop their own symptoms.

Parents are also advised under the guidance that if a child is sent home to self-isolate because another person from their school has tested positive, the other members of their child's household are not required to self-isolate themselves unless they develop symptoms. If this occurs, those developing symptoms should be tested as normal.

Stay at home for 14 days after your last contact with the person who has tested positive for COVID-19.

Do not go to work, school, or public areas, and do not use public transport or taxis.

Do not go outside even to buy food or other essentials, and any exercise must be taken within your home.

Self-isolating at home for the 14-day period will help protect your family, friends and the NHS. Self-isolating at home in this way can also protect the most vulnerable in society, by reducing the chance of a second wave of COVID-19 in the wider community.

If you are living with children, keep following this guidance to the best of your ability, however, we are aware that not all these measures will be possible.

Not all these measures will be possible if you, or those you are living with, have significant conditions such as learning disabilities, autism or serious mental illness. Please keep following this guidance to the best of your ability, while keeping yourself and those close to you safe and well, ideally in line with any existing care plans.

If you live with clinically vulnerable people or clinically extremely vulnerable people, stay away from them as much as possible, following this guidance. For the clinically extremely vulnerable please follow the [shielding guidance](#).