



Stepping Up for Autism

A FREE course for parents and carers

An 8 week course for 2 hrs a week, open to families with or without a diagnosis who live in Surrey. Our course provides practical advice, information and strategies to help you understand your child and support their needs.

To register for a place please email:



Surrey.FamilySupport@nas.org.uk

Stepping Up For Autism Course Details

For Parents of Children aged 0-18 yrs.

Sessions include:

Understanding Autism

Sensory Differences

Communication and Visual Supports

Understanding and Supporting Behaviour Part 1

Understanding and Supporting Behaviour Part 2

Related Conditions and Education

Supporting Social Skills

Puberty and Supporting Independence (optional)

PLACES MUST BE BOOKED

Please email us to book a space



