

SEND Local Groups and Events for Parents/Carers

The Online Hub for 0-25 year olds with special educational needs or disabilities

Here you can access information and help if you feel your child has special educational needs, support and information from pre-post diagnosis for autism, information about EHCPs (Educational, Health and Care Plans), resources and documents for practitioners supporting families.

https://www.surreylocaloffer.org.uk/kb5/surrey/localoffer/discuss_it.page

The National Autistic Society

Autistic adults, children and families can access the bespoke support they need to gain independence and live a fulfilling life, through services on offer in Surrey. They also offer a range of kids' clubs through their centres. We recommend signing up to their news letter.

<https://www.autism.org.uk/services/england/surrey.aspx>

Special Needs Support Group

- Surrey County Council offer a special needs support group at Potters Gate Children's Centre, usually held on the last Wednesday of each month.
- Offering support and the chance to share knowledge with other parents and carers with children who have special needs. An informal coffee morning.
- *Location* - Potters Gate Children's Centre, Farnham, Surrey, GU9 7BB
- Telephone 01252 891250

<https://www.childrenscentre.potters-gate.surrey.sch.uk/>

Special Educational Needs (SEN) - A guide for parents and carers

Surrey County Council's website where there is information for parents and carers for children with SEN (Special Educational Needs)

[assets/pdhttps://www.surreycc.gov.uk/ data/f file/0018/32085/sen_a-guide-for-parents-and-carers.pdf](https://www.surreycc.gov.uk/data/file/0018/32085/sen_a-guide-for-parents-and-carers.pdf)

South East Surrey Dyslexia Association

A registered charity affiliated to The British Dyslexia Association. They hold several open meetings a year on subjects related to Dyslexia and hold a parent/carer support group once a term.

<https://www.sesda-dyslexia.co.uk/>

Helen Arkell Dyslexia Charity

Dyslexia support and advice to anyone who may need it.

<https://www.helenarkell.org.uk/>

Young Minds (Supporting your child with ADHD)

Help for parents/carers to support children with ADHD.

<https://youngminds.org.uk/find-help/for-parents/parents-guide-to-support-a-z/parents-guide-to-support-adhd/>

Support Group for parents/carers of children with ADHD

<https://www.ukadhd.com/support-groups.htm>

Family Voice Surrey

The link below is to a website for families and children of young people with additional needs in Surrey.

<https://www.familyvoicesurrey.org/advice-and-support>

The ASD and ADHD Service for Surrey

The link below is to a website for parents/carers with children who have ADHD/ASC.

<https://www.sabp.nhs.uk/our-services/learning-disabilities/asd-adhd/asd-adhd-surrey>

Chloe's and Sophie's Special Ears Fund

- Aim to brighten the lives of deaf children.
- Raise deaf awareness in the local community.
- Enhance the sound acoustics in classrooms and school halls, for deaf children in mainstream schools through specialist equipment and materials.
- Provide resources and equipment to deaf children to support their emotional wellbeing.
- They cover the areas of Surrey, Berkshire, Hampshire and areas of London.

http://www.cssef.org.uk/about_us.html

Help 4 Harry

A charity that is raising awareness for muscular dystrophy UK. They are dedicated to finding treatments and cures and improving the lives of adults and children affected by the condition. As well as providing funding for world class research they also provide practical information, advice and support, campaigning to bring about change and raise awareness.

<http://www.help4harry.co.uk/>

The National Attention Deficit Disorder Information and Support Service

ADDISS (National Attention Deficit Disorder Information and Support Service) is the UK's only national ADHD charity. ADDISS provides a wide range of information and resources about Attention Deficit Hyperactivity Disorder to parents, sufferers, teachers and health professionals.

www.addiss.co.uk

Autism All Stars

A UK charity based in the Surrey/Sussex borders. Their intention is to raise awareness of the different manifestations of autism and to offer support and encouragement to all those affected by it.

<https://www.autism-all-stars.org/>

Sparklers Charity

'Sparklers Charity' work closely with Surrey County Council. They provide support and help for parents whose children have SEN needs, they also provide guidance through the diagnosis process, signpost families to the most appropriate services and much, much more.

<http://www.sparklers.org.uk/>

Time Out Support Group

Time Out Support group is for parents of children with ADHD/ASC/SEN in Farnborough. It offers you a chance to talk and share experiences with parents/carers experiencing the same challenges. This group has been set up by parents of children with ADHD/Autism.

<https://www.facebook.com/groups/adhdandasdtimeout/>

Action for Carers

Support group for parents/carers of children and young people with SEND. The group usually meet in Aldershot on the first Friday of the month at 9.30am-11.30am. Please ring Action for Carers Surrey if you wish to attend or for more information.

www.actionforcarers.org.uk/

Surrey National Autistic Society

Surrey National Autistic Society run local support groups and meetings for parents and carers, workshops and a few family activities per year. The nearest group for our area is Frensham. All the groups are run by parent volunteers.

<http://www.nassurreybranch.org/surrey-branch-meetings.html>

BRAAIN

Wherever you are in the diagnosis process, BRAAIN are there to help. Parenting a child with ADHD, ASC and/or other special needs is amazing, tough and sometimes

isolating. BRAAIN will help you with accessing professional help, finding out about clubs for your children and support groups for you as parents/carers

<http://www.braain.co.uk/>

Experiences for Young people

Cadbury World

Relaxed SEN sessions coming up at [Cadbury World](#) in Bournville, on selected dates. Sessions will have reduced sound, an increase in lighting where necessary, removal of strong scents and fewer visitors to help reduce stress. See their website for the dates of forthcoming sessions.

Cadbury World Telephone Number; 0121 3936004

<https://www.cadburyworld.co.uk/en>

Challengers Youth Schemes (13 to 18 year olds)

The youth schemes enable disabled young people aged 13 to 18 to make friends and try lots of fun activities. Programme of activities include music workshops, baking, sports, trips out and much more. Up to half the spaces are reserved for young people who have complex impairments and need a higher level of support. They run at venues in Caterham, Farnham, Guildford and Molesey.

Tel: 01483 230939

Email: PlayandLeisureTeam@disability-challengers.org

<https://disability-challengers.org/what-we-do/youthschemes/farnham/>

Cineworld in Aldershot

Offer Autism friendly screenings, please call 0330 333 4444 for film listings

<https://www.cineworld.co.uk/cinemas/aldershot/8015#/buy-tickets-by-cinema?in-cinema=8015&at=2020-07-15&for-movie=ho00007143&view-mode=list>

Odeon in Guildford

Offer Autism friendly screenings, please call 0333 014 4501 for film listings

The special performances have subtle changes to the cinema environment which mean that people who have sensory difficulties have a more positive experience than they would in a traditional cinema setting. Changes include:

- The lights being kept on at a low level
- Lower than usual sound levels
- No trailers or advertisements - just the film
- Allowance for increased levels of movement and noise

[rd/https://www.odeon.co.uk/cinemas/guildfo92/](https://www.odeon.co.uk/cinemas/guildfo92/)

Farnham Swimability

The association is a registered charity that offers access and support to sport for disabled people of all ages and at all experience levels.

<https://www.farnhamswimability.org.uk/index.html>

Surrey County Council Family Information Services

They offer Frensham Pond Sailability. Sailability provides a range of dinghy and mini keelboat sailing, from therapeutic cruising to fully competitive racing. They welcome people of all ages, who because of illness or disability need support to sail.

<https://familyinformationdirectory.surreycc.gov.uk/kb5/surrey/fsd/service.page?id=tfMwYxEJiZQ>

We Shine

For children up to the age of 12 years. It is AirHop in Guildford. It provides accessible trampolining sessions for children with additional needs and their families on various Saturday mornings throughout the year. Sessions run with reduced numbers and no loud music or tannoys to provide a quieter, calmer atmosphere.

<https://www.facebook.com/weshinesurrey>

Synergy Dance Outreach

SEND dance and movement classes for 5 + years, SEND yoga classes for children and parents/carers.

<http://synergydanceoutreach.co.uk/>

Parenting courses

Surrey County Council

- These can help you develop a better relationship with your child through learning about boundaries, positive communication and developing healthier lifestyles. You can learn how to help your child succeed at school, build their self-esteem and feel emotionally secure.
- Courses are usually held in local venues such as family centres, schools and community halls. A typical course runs once a week for a four to ten week period.
- There will usually be a cost to attend but some courses may be free or offer a concessionary rate.

<https://www.surreycc.gov.uk/people-and-community/families/support-and-advice/parenting-courses-and-advice>

Dyslexia Aware Parent Course

The link below is for a course for parents about dyslexia, the benefits and challenges of dyslexia.

<https://www.surreylocaloffer.org.uk/kb5/surrey/localoffer/service.page?id=hiRXOKTuczo>